

# Curriculum Area Progression Summary

## Area of Learning: PSED – Managing feelings & behaviour



Stage	Summary of key skills and knowledge to be acquired
<b>1</b>	<ul style="list-style-type: none"> <li>• Enjoys physical and emotional interaction</li> <li>• Shows a range of emotions and actively avoids some experiences.</li> </ul>
<b>2</b>	<ul style="list-style-type: none"> <li>• Shows strong emotions towards objects/actions</li> <li>• Begins to soothe self and express basic emotions.</li> </ul>
<b>3</b>	<ul style="list-style-type: none"> <li>• Begins to be aware of others feelings</li> <li>• Responds appropriately to familiar activities/boundaries.</li> </ul>
<b>4</b>	<ul style="list-style-type: none"> <li>• Begin to express emotions and with support use copying/regulation strategies.</li> <li>• Starts to understand boundaries and routines</li> </ul>
<b>5</b>	<ul style="list-style-type: none"> <li>• Beginning to understand the needs of others</li> <li>• Uses verbal language to request breaks/regulatory activities.</li> </ul>
<b>6</b>	<ul style="list-style-type: none"> <li>• Shows care and concern for others and starting to respond appropriately to others and</li> <li>• Shows understanding that their actions affect other people</li> </ul>
<b>7</b>	<ul style="list-style-type: none"> <li>• Relate to others and show awareness that people deal with feelings differently.</li> <li>• Aware that some behaviour is unacceptable and adjust accordingly.</li> <li>• Know the differences between public and private</li> </ul>
<b>8</b>	<ul style="list-style-type: none"> <li>• Starting to be aware of a wider range of emotions and rights from wrongs.</li> <li>• Share strategies that help to regulate their behaviour with others and describe how behaviour affects others.</li> </ul>
<b>9</b>	<ul style="list-style-type: none"> <li>• Recognise emotions in others and causes of emotions in selves and others.</li> <li>• More able to self-regulate and respond to emotional changes in others appropriately.</li> <li>• Behave in a socially acceptable way in the community and modify behaviour.</li> </ul>
<b>10</b>	<ul style="list-style-type: none"> <li>• Independent in managing feelings using a variety of strategies</li> <li>• Able to respond appropriately and proportionally to various triggers or problems.</li> </ul>