

Curriculum Area Progression Summary

Area of Learning: PSED – Self-confidence & self-awareness



Stage	Summary of key skills and knowledge to be acquired
1	<ul style="list-style-type: none"> ● Is able to make basic needs/feelings known using face, body, voice ● Shows pleasure at physical interaction e.g. giggling
2	<ul style="list-style-type: none"> ● Beginning to adapt and anticipate simple familiar routines. ● Engages another person to achieve an end goal
3	<ul style="list-style-type: none"> ● Is more aware of children around them ● Becomes more confident to try new activities
4	<ul style="list-style-type: none"> ● Shows more confidence with the support of a familiar adult. ● Asks for help when frustrated
5	<ul style="list-style-type: none"> ● Confidence is developing and has a strong sense of self. ● Enjoys praise and simple responsibility
6	<ul style="list-style-type: none"> ● Can talk positively about themselves ● Improved confidence in a variety of activities.
7	<ul style="list-style-type: none"> ● Able to try new activities and express preferences. ● Talks about ideas and can express when help is needed
8	<ul style="list-style-type: none"> ● Accepts that wants and desires will not always be met ● Can self-monitor and regulate own emotions
9	<ul style="list-style-type: none"> ● Identify own strengths and weaknesses ● Discuss own needs or opinions with others
10	<ul style="list-style-type: none"> ● Can interact positively in the community with a range of people ● Maintain own opinions in discussions