



RSE

at



Ivel Valley

	<p>RSE means Relationships and Sex Education</p>
	<p>In RSE, we learn about respect, relationships, healthy choices, understanding our bodies and keeping ourselves safe.</p>
	<p>We learn about RSE to help us become happy, healthy adults.</p>
	<p>We also learn about RSE to help us understand that everyone is different, and that is ok.</p>
	<p>Your teachers must teach you about RSE in a way that is helpful and makes sense to you.</p>
	<p>It is ok to ask questions about RSE - staff at Ivel Valley will help you.</p>