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**5** – Things that you **SEE**

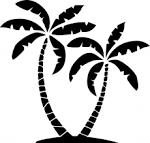
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*(EG clothing, seating, temperature)*

**3** – Things that you **HEAR**

**2** – Things that you **SMELL**

**1** – Thing that you **TASTE**

*And Relax *

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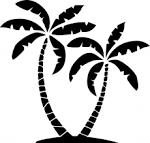
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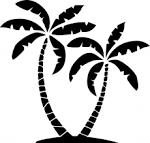
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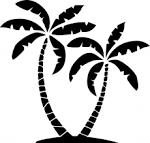
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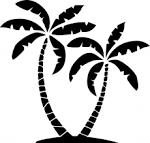
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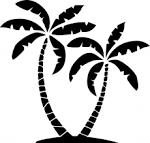
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